

Tomiko Yoneda, PhD Student

Department of Psychology, University of Victoria

EDUCATION

PhD, UVic, 2015-2021 **Cumulative GPA: 9.0** (incl. a 1 year maternity leave, Jan-Dec, 2016)
MSc, UVic, 2013-2015 Thesis: *Trajectories of Personality Traits Preceding Dementia Diagnosis: A Coordinated Analysis.*
BA, UVic, 2006-2013 Included an Exchange to Griffith University, QLD, Australia, 2011

AWARDS

Alexander and Helen Stafford MacCarthy Muir Graduate Scholarship	2020	\$3,500
Indigenous Resurgence Award	2020	\$900
Council of Canadian Departments of Psychology TA Award	2020	
Mrs. Annie Greskiw Graduate Award	2019	\$1,970.00
Norma Wilson Graduate Scholarship	2019	\$1,073.00
President's Research Scholarship	2018-2019	\$4,000
Social Sciences and Humanities Research Council Fellowship	2018-2021	\$10,999/year
Alzheimer's Society Research Program Fellowship	2018-2021	\$22,000/year
Elaine Gallagher Award & Neena Chappell COAG Scholarships	2014 & 2017	\$1,600
Society of Multivariate Experimental Psychology	2014	\$1,000

Plus five awards and fellowships from the University of Victoria (total: \$32,000) since 2013

RESEARCH PUBLICATIONS

1. **Yoneda, T.**, Lewis, N. A., Knight, J. E., Rush, J., Vendittelli, R., Kleineidam, L., Hyun, J., Piccinin, A., Hofer, S., Hoogendijk, E., Derby, C., Scherer, M., Riedel-Heller, S., Wagner, M., van den Hout, A., Wang, W., Bennett, D & Terrera, G. M. (2020). The importance of engaging in physical activity in older adulthood for transitions between cognitive states: A coordinated analysis of 14 longitudinal studies. *Journal of Gerontology: Medical Sciences*. doi:10.1093/gerona/glaa268
2. Lewis, N. & **Yoneda, T** (2020). Within-couple personality concordance over time: the importance of personality synchrony for relationship well-being. *Journal of Gerontology: Psychological Sciences*, gbaa163, <https://doi.org/10.1093/geronb/gbaa163>
3. Knight, J. E., **Yoneda, T.**, Lewis, N., Bennett, D., & Piccinin, A. M. (UNDER REVIEW). Olfactory ability predicts transitions across cognitive states in middle and older adulthood. *Alzheimer's and Dementia*.
4. Graham, E., Weston, S. J., Gerstorf, D., **Yoneda, T.**, Booth, T., ... & Mroczek, D. (2020). Trajectories of Big Five Personality Traits: A Coordinated Analysis of 16 Longitudinal Samples. *European Journal of Personality*. doi: 10.1002/per.2259
5. Weston, S. J., Graham, E. K., Turiano, N. A., Aschwanden, D., Booth, T., Harrison, F., James, B.D., Lewis, N.A., Makkar, S.R., Mueller, S., Wisnieski, K.M., **Yoneda, T.**, Zhaoyang, R., Spiro, A., Drewelies, J., Wagner,

- G.G., Steinhagen-Thiessen, E., Demuth, I., Willis, S., Schaie, K.W., Sliwinski, M., Lipton, R.A., Katz, M., Deary, I., Zelinski, E.M., Bennett, D.A., Sachdev, P., Brodaty, H., Trollor, J.N., Ames, D., Wright, M.J., Gerstorf, D., Allemand, M., Muniz-Terrera, G., Piccinin, A.M., Hofer, S.M., Mroczek, D. K. (in press). Is healthy neuroticism associated with chronic conditions? A coordinated integrative data analysis. *Collabra: Psychology*, 6(1), 42. DOI: <http://doi.org/10.1525/collabra.267>
6. Graham, E. K., Weston, S. J., Turiano, N. A., Aschwanden, D., Booth, T., Harrison, F., James, B.D., Lewis, N.A., Makkar, S.R., Mueller, S., Wisniewski, K.M., **Yoneda, T.**, Zhaoyang, R., Spiro, A., Willis, S., Schaie, K.W., Sliwinski, M., Lipton, R.A., Katz, M., Deary, D., Zelinski, E.M., Bennett, D.A., Sachdev, P.S., Brodaty, H., Trollor, J.N., Ames, D., Wright, M.J., Gerstorf, D., Allemand, M., Drewelies, J., Wagner, G.G., Muniz-Terrera, G., Piccinin, A.M., Hofer, S.M., Mroczek, D. K. (2020). Is healthy neuroticism associated with health behaviors? A coordinated integrative data analysis. *Collabra: Psychology*, 6(1), 32. doi: <http://doi.org/10.1525/collabra.266>
7. **Yoneda, T.**, Ames, M. & Leadbeater, B (2019). Is there a Positive Side to Sensation Seeking? Trajectories of Sensation Seeking and Impulsivity May Have Unique Outcomes in Young Adulthood. *Journal of Adolescence*, 73, 42-52. doi:10.1016/j.adolescence.2019.03.009
8. **Yoneda, T.**, Rush, J., Graham, E. K., Berg, A. I., Comijs, H., Katz, M., Lipton, R., Johansson, B., Mroczek, D., & Piccinin, A. (2018). Increases in Neuroticism May Be an Early Indicator of Dementia: A Coordinated Analysis. *The Journal of Gerontology Series B: Psychological Sciences and Social Science*; doi: 10.1093/geronb/gby034
9. **Yoneda, T.**, Rush, J., Berg, A. I., Johansson, B. & Piccinin, A. (2017). Trajectories of Personality Traits Preceding Dementia Diagnosis. *The Journal of Gerontology Series B: Psychological Sciences and Social Sciences*, 72(6), 922-931, doi: 10.1093/geronb/ [EDITOR'S CHOICE]
10. Graham, E. K., Rutsohn, J. P., Turiano, N. A., Bendayan, R., Batterham, P. J., Gerstorf, D., ... **Yoneda, T.**, ... & Bastarache, E. D. (2017). Personality Predicts Mortality Risk: An Integrative Data Analysis of 15 International Longitudinal Studies. *Journal of Research in Personality*, 70, 174-186. doi:10.1016/j.jrp.2017.07.005

CONFERENCE PRESENTATIONS

1. **Yoneda, T.** & Tanaka, J. (2020). "Who knew two hours of online class every single day for a month would be the highlight of my day?" Reflections on the Importance of Presence, Community, and Consistency. *Let's Talk About Teaching*, Annual Conference, University of Victoria, Canada.

2. **Yoneda, T.**, Rush, J., Muniz Terrera, G., Kok, A., Johansson, B., Petersen, N., & Andrea Piccinin (2020). Inter- and Intra-individual Relationships between Neuroticism and Cognition: A Coordinated Analysis. Presented at The Gerontological Society of America Annual Scientific Meeting.
3. **Yoneda, T.**, Lewis, N., Rush, J., Piccinin, A. M., James, B., Hofer, S. M. & Muniz Terrera, G (2020). The Impact of Conscientiousness on Participant Drop-out: A Novel Method for Estimating Missingness. Presented at The Gerontological Society of America Annual Scientific Meeting.
4. Broen T, **Yoneda T**, Rush J, Knight J, Lewis N, Vendittelli R, Hofer S, Piccinin A. (2020). The Relationship Between Daily REM Sleep and Cognitive Functioning in Older Adults. Online. Presented at The Gerontological Society of America Annual Scientific Meeting
5. López-Bago Cid, N., **Yoneda, T.**, Willden, M., Lewis, N. A., Piccinin, A. M., & Knight, J. E. (2020). Feasibility and Barriers of Olfactory Training for Older Adults Based on Focus Groups. Presentation at NOWCam Annual Conference, University Of Victoria, Canada.
6. Broen, T., **Yoneda, T.**, Rush, J., Knight, J., Lewis, R., Hofer, S., & Piccinin, A. (2020). The Relationship between Daily REM Sleep and Cognitive Functioning in Older Adults. Conference Presentation Presented at The Making Waves Conference, University Of Victoria, Canada.
7. **Yoneda, T.**, Rush, J., Lewis, N. A., Knight, J. E., Hyun, J., Piccinin, A., & Terrera, G. M. (2019). The importance of maintaining physical activity for transitions between cognitive states: A coordinated analysis. *Innovation in Aging*, 3(Supplement_1), S911-S911. doi:10.1093/geroni/igz038.3323
8. Rush, J., **Yoneda, T.**, Venditelli, R., Knight, J. E., Lewis, N. A., Rast, P., & Hofer, S. (2019). Short-term intraindividual dynamics of heart rate and cognitive functioning in older adults. *Innovation in Aging*, 3(Supplement_1), S913-S914. doi:10.1093/geroni/igz038.3331
9. **Yoneda, T.**, Lewis, N., Rush, J., van den Hout, A., Piccinin, A., & Muniz Terrera, G (2019). The Protective Role of Maintaining Physical Activity in Older Adulthood for Transitions between Cognitive States. Poster Presentation at the International Association of Geriatrics and Gerontology—European Region Congress, Gothenburg, Sweden.
10. **Yoneda, T.**, Piccinin, A., Mroczek, D, Graham, E. et al., (2019). Coordinated Analysis of Trajectories of Personality Traits, Cognitive Functioning and Cognitive Status. Symposium Presentation at the International Association of Geriatrics and Gerontology—European Region Congress, Gothenburg, Sweden.
11. Graham, R. B., Vendittelli, R., **Yoneda, T.**, & Hofer, S. M. (2019). Physical activity and Posttraumatic Stress Disorder: A systematic review of the evidence. Poster presentation at the Canadian Psychological Association's 80th Annual National Convention, Halifax, Canada.

12. **Yoneda, T.** & Piccinin, A. (2018). Increases in Neuroticism in Individuals with Incident Diagnosis of Dementia and MCI: Implications of Heterogeneity between Datasets. Symposium presentation at the European Conference of Personality, Zadar, Croatia.
13. Knight, J. E., **Yoneda, T.**, & Piccinin, A. M. (2018, October). Olfactory Decline is an Early Indicator of Cognitive Decline. Poster presentation at AGE-WELL's 4th Annual Conference and AGM, Vancouver, BC.
14. Turiano, N. A., Weston, S. J., Čukić, I., Mueller, S., Zhaoyang, R., **Yoneda, T.** . . . Spiro, A. (2018). Is Healthy Neuroticism Associated With Mortality? Evidence from a 14-Study Coordinated Analysis. *Innovation in Aging*, 2(suppl_1), 785-786. doi:10.1093/geroni/igy023.2910
15. Lewis, N., **Yoneda, T.**, Knight, J., DeVito, A., & Terrera, G. M. (2018). Access to Cognitive Resources in Early Life and Transitions across Cognitive States in Middle and Older Adulthood. *Innovation in Aging*, 2(Suppl 1), 901.
16. Graham, E. K., Weston, S. J., Katz, M. J., Gerstorf, D., **Yoneda, T. B.**, Booth, T... Petkus, A. J. (2018). Social Roles As Predictors of Personality Change In 15 Longitudinal Studies of Aging. *Innovation in Aging*, 2(suppl_1), 785-785. doi:10.1093/geroni/igy023.2908
17. **Yoneda, T.**, & Piccinin, A. (2018). A Coordinated Analysis Examining Personality Change in Older Adults: Consistent Results despite Heterogeneity between Datasets. *Innovation in Aging*, 2(suppl_1), 375-375. doi:10.1093/geroni/igy023.1392
18. **Yoneda, T.**, Graham, E. K., Lewis, N. A., Johansson, B., & Piccinin, A. (2018). Covariation between Change in Neuroticism and Change in Cognitive Functioning. *Innovation in Aging*, 2(suppl_1), 749-749. doi:10.1093/geroni/igy023.2766
19. Knight, J., **Yoneda, T.**, & Piccinin, A. (2018). Systematic Review of NIRS Studies in Human Olfaction. *Innovation in Aging*, 2(Suppl 1), 990.
20. **Yoneda, T.**, Graham, E., Berg, A., Johansson, B., Katz, M., Pedersen, N. L., & Piccinin, A. M. (2017). Investigation of Personality Using Different Time Matrices, Control Variables, and Inclusion Groups. *Innovation in Aging*, 1(suppl_1), 417-418. doi:10.1093/geroni/igx004.1503
21. **Yoneda, T.**, Rush, J., Graham, E., Berg, A., Pedersen, N., Katz, M... Piccinin, A. (2016). Trajectories of Personality Traits Preceding Dementia Diagnosis: A Coordinated Analysis. Paper presented at the Gerontological Society of America Conference, 56(Suppl_3) 579-579. doi:10.1093/geront/gnw162.2326
22. **Yoneda, T.**, Piccinin, A. & Johansson, B. (April, 2015). Association between cognition and personality change in the oldest-old. Presentation at University of Victoria Social Dimensions of Health 2015 Conference, Victoria, BC.

- 23. Yoneda, T.,** Koval, A., Johansson, B. & Piccinin, A. (November, 2014). Personality change preceding diagnosis of dementia in the oldest-old. Poster Presentation at the Gerontological Society of America Conference, Washington, D.C.

OTHER SCHOLARLY CONTRIBUTIONS

1. Successful Aging: Cognitive Health Booth (2020). Ideafest, University Of Victoria, Canada.
2. Guest presentation for PSYC 435e Advanced Adult Development and Aging. A Brief History of Personality Research. January, 2020, University of Victoria
3. Guest Speaker. *Breakfast To Remember*, February 2019, presented by Trillium Boutique Senior Living (Feb, 2019), Fairmont Empress, Victoria
4. Guest Speaker. *Seniors Serving Seniors*, June 2019, Yakimovich Wellness Centre, Victoria

PROFESSIONAL ACTIVITIES AND LEADERSHIP SKILLS

Research Assistant, Integrative Analysis of Longitudinal Studies of Aging (IALSA)	2014-2020
Professor, Psychology 339 (Older Adulthood and Development)	2021
Professor, Psychology 330 (Personality)	2020
Peer-reviewing: JAMA, The Bulletin of the Menninger Clinic, Journal of Gerontology: Social Sciences	2018-2019
Active member of the Psychology Department Equity, Diversity and Inclusiveness Committee	2018-2020
Co-supervisor for 8 paid research assistants, 2 volunteer research assistants, 4 independent studies	2018-2020
Lifespan Graduate Student Representative for the Department of Psychology	2017-2018; 2019-2020
Teacher Assistant, Psychology 492, 391, 300B	2013-2018
Caregiver Support (<i>Part-Time Employment Contract Position</i>), Alzheimer Society of BC	2015
International Health Data Workshop: Latent Growth Curve Modelling Linkage, Vancouver, UBC	2015
Protecting Human Research Participants Ethics Training, National Institutes of Health Ethic Program	2014
Structural Equation Modelling Workshop, Quantitative Method Series, Portland State University	2014
Caregiver Support (<i>Volunteer</i>), Alzheimer Society of BC	2013-2015

Abstract Reviewer (<i>Volunteer</i>): Canadian Association of Gerontology & Uvic Making Waves Conference	2014-2015
Psychology Events Committee (<i>Volunteer</i>), University of Victoria	2014-2015

SUPERVISION AND MENTORING

Mentoring and independent research studies

Tristen Lozinski	Co-supervised an independent study with Dr. Hofer and Dr. Rush examining interindividual and intraindividual associations between personality traits and well-being	2020-2021
Evan Riggs	Co-supervised an independent study with Dr. Garcia-Barrera examining disgust sensitivity and conformity	2020-2021
Tiana Broen	Co-supervised an independent study with Dr. Piccinin examining daily dynamics of sleep and cognitive functioning in older adults	2019-2020
Josephine Deschamps		2020
Wolfgang Deranleau		2020
Zoe Blue		2018
Jennifer Reeves		2020
Ashley Goodwin	Co-supervised an independent study examining change in neuroticism and PTSD symptoms	2018-2019

Supervision of research assistantships

Kaylie Schols-Flett		2020-2021
Mara Gilbert		2020-2021
Natalia Lopez		2019-2020
Tiana Broen		2018-2020
Julia Pierce		2019-2020
Zoe Blue		2019
Amelia Zhang		2018-2019
Jennifer Reeves		2018-2019
Ashley Goodwin		2018-2019